

Ultimate Frisbee on Kaua`i



NORTH SHORE

Sundays, 4 pm - sunset

Hanalei Soccer Fields
(next to green church off hwy)

EAST SIDE

Tuesdays & Thursdays, 4 pm - sunset

Lydgate Park Sports Fields

SOUTH SIDE

Tuesdays, 7 pm - 10pm

Koloa Baseball Field

Co-ed. All Ages & Experience Levels Welcome. Cleats & Barefoot-friendly.

KauaiUltimate.com or Facebook.com/KauaiUltimate